

## DAFTAR PUSTAKA

- Afrita, F., & Yusri, F. (2022). Faktor-Faktor Yang Mempengaruhi Perkembangan Remaja. *Educativo: Jurnal Pendidikan*, 2(1), 14–26. <https://doi.org/10.56248/educativo.v2i1.101>
- Aho, H., Koivisto, A. M., Paavilainen, E., & Joronen, K. (2019). The relationship between peer relations, self-rated health and smoking behaviour in secondary vocational schools. *Nursing Open*, 6(3), 754–764. <https://doi.org/10.1002/nop2.260>
- Aisyiah, A., Nurani, I. A., & Husaeyni, A. (2022). Hubungan Antara Pola Asuh Orang Tua Dan Pengaruh Teman Sebaya Terhadap Perilaku Merokok Pada Remaja Di Daerah Gang Jembar Kota Depok Provinsi Jawa Barat. *Malahayati Nursing Journal*, 4(4), 928–936. <https://doi.org/10.33024/mnj.v4i4.6146>
- Amelia Prameswari Pitaloka. (2022). KONSEP UMUM POPULASI DAN SAMPEL DALAM PENELITIAN. *Professional Health Journal*, 4(1), 51–61. <https://doi.org/10.54832/phj.v4i1.283>
- Amruddin, et al. (2022). *Metodelogi penelitian kuantitatif* (Vol. 17).
- Andrayani, S., Annaina Sarah, S., Nilam Cahya, N., Rahmatillah, M., Fikri Jaka Pratama, M., Andita Anastasya, Y., & Amalia, I. (2024). Psikoedukasi Pencegahan Perilaku Merokok; Kenali Resiko Dan Dampaknya Bagi Kesehatan Fisik Dan Psikologis Pada Remaja Akhir Di Sma N 2 Dewantara. *Jurnal Pengabdian Kolaborasi Dan Inovasi IPTEKS*, 2(3), 29863104.
- Artanti, K. D., Arista, R. D., & Fazmi, T. I. K. (2024). The influence of social environment and facility support on smoking in adolescent males in Indonesia. *Journal of Public Health Research*, 13(1). <https://doi.org/10.1177/22799036241228091>
- Atiqah, N., Sulhan, A., Ardaniah, N. H., & Rahmadi, M. S. (2024). *Behavior : Jurnal Pendidikan Bimbingan Konseling dan Psikologi Volume 1 No 1 Mei 2024 PERIODISASI PERKEMBANGAN ANAK PADA MASA REMAJA : TINJAUAN PSIKOLOGI*. 1(1), 9–36.
- Ayyubi, M. F., Fidzikriyah, L. T., Rosmawati, S., Finanto, M., & Bangun, A. (2024). Peran Dukungan Sosial Dalam Mencegah Perilaku Merokok Pada Anak. *Jurnal Penelitian Multidisiplin Terpadu*, 8(6), 2118–7452.
- Bandura, A. (1998). Health promotion from the perspective of social cognitive theory. *Psychology & Health*, 13(4), 623-649.
- Berkman, J. H. P. T. (2021). The Development of Self and Identity in Adolescence: Neural

- Evidence and Implications for a Value-Based Choice Perspective on Motivated Behavior. *Child Dev Perspect.*, 176(3), 139–148. <https://doi.org/10.1053/j.gastro.2019.03.013>. Mechanical
- BPS Prov. Jateng. (2024). *Persentase Penduduk Usia 15 Tahun Ke Atas yang Merokok dalam Sebulan Terakhir Menurut Kabupaten/Kota dan Kelompok Umur di Provinsi Jawa Tengah (Persen)*. Badan Pusat Statistik Provinsi Jawa Tengah. <https://jateng.bps.go.id/id/statistics-table/2/MTc4NSMy/persentase-penduduk-usia-15-tahun-ke-atas-yang-merokok-dalam-sebulan-terakhir-menurut-kabupaten-kota-dan-kelompok-umur-di-provinsi-jawa-tengah.html>
- Branje, S., de Moor, E. L., Spitzer, J., & Becht, A. I. (2021). Dynamics of Identity Development in Adolescence: A Decade in Review. *Journal of Research on Adolescence*, 31(4), 908–927. <https://doi.org/10.1111/jora.12678>
- Cohen, S., & McKay, G. (1984). Social support, stress and the buffering hypothesis: A theoretical analysis. In A. Baum, S. E. Taylor, & J. E. Singer (Eds.), *Handbook of psychology and health* (pp. 253-267). Hillsdale, NJ: Lawrence Erlbaum Associates.
- Collins, S. P., Storrow, A., Liu, D., Jenkins, C. A., Miller, K. F., Kampe, C., & Butler, J. (2021). *UBUNGAN FAKTOR LINGKUNGAN SOSIAL DENGAN PERILAKU MEROKOK SISWA LAKI-LAKI DI SMA X KABUPATEN KUDUS*. 4, 1075–1082.
- Creswell, K. G., Cheng, Y., & Levine, M. D. (2015). A test of the stress-buffering model of social support in smoking cessation: Is the relationship between social support and time to relapse mediated by reduced withdrawal symptoms? *Nicotine and Tobacco Research*, 17(5), 566–571. <https://doi.org/10.1093/ntr/ntu192>
- Ennett, S. T., Foshee, V. A., Bauman, K. E., Hussong, A., Faris, R., Hipp, J. R., & Cai, L. (2023). A social contextual analysis of youth cigarette smoking development. *Nicotine & Tobacco Research : Official Journal of the Society for Research on Nicotine and Tobacco*, 12(9), 950–962. <https://doi.org/10.1093/ntr/ntq122>
- Erikson, E. H. (1968). *Identity: Youth and crisis*. New York: Norton.
- Erikson, E. H. (2021). *Identity Youth and Crisis* (pp. 20–27).
- Guttmanova, K., & Hawkins, J. D. (2019). Adolescent Smoking and Alcohol Use. *J Youth Adolesc*, 47(2), 369–382. <https://doi.org/10.1007/s10964-017-0728-y>. Neighborhood
- Hanna Aho, Anna-Maija Koivisto, Eija Paavilainen, K. J. (2022). Parental involvement and adolescent smoking in vocational setting in Finland. *Health Promotion International*, 33(5). <https://doi.org/https://doi.org/10.1093/heapro/dax027>
- Hasni, B., & Widati, S. (2022). Hubungan Dukungan Sosial dan Perilaku Merokok Vape pada

- Remaja Usia SMA di Surabaya The Relationship between Social Support and Vaping Behavior of Senior High Age Adolescents in Surabaya. *Media Gizi Kesmas, Universitas Airlangga*, 11(1), 46–52. <https://repository.unair.ac.id/1124090/>
- Hidayati, N. (2024). *Pengaruh Orang Tua , Keluarga , dan Lingkungan Sosial terhadap Perilaku Merokok Remaja*. 1(2). <https://doi.org/10.7454/jekk.v1i2.1022>
- Homayuni, A., & Hosseini, Z. (2023). The role of social support and self-control in tobacco consumption: a cross-sectional study among tobacco consumers and non-consumers. *BMC Psychology*, 11(1), 1–10. <https://doi.org/10.1186/s40359-023-01226-y>
- I Made Sudarma Adiputra, N. W. T., Ni Putu Wiwik Oktaviani, S. A. M., Victor Trismanjaya Hulu, Indah Budiastutik, A. F., Radeny Ramdany, Rosmauli Jerimia Fitriani, P. O. A. T., Baiq Fitria Rahmiati, S. A. L., & Andi Susilawaty, Efendi Sianturi, S. (2021). *Metodologi Penelitian Kesehatan* (: Ronal Watrianthos & Janner Simarmata (ed.)). Yayasan Kita Menulis.
- Irwan, & Nule, R. (2019). Hubungan Dukungan Sosial Dengan Perilaku Merokok Pada Siswa Smk N 2 Limboto. *Journal Health & Science : Gorontalo Journal Health and Science Community*, 1(1), 25–31. <https://doi.org/10.35971/gojhes.v1i1.2125>
- Jiaying Liu. (2023). The Influence of Peer Behavior as a Function of Social and Cultural Closeness: A Meta-Analysis of Normative Influence on Adolescent Smoking Initiation and Continuation Jiaying. *Physiology & Behavior*, 176(10), 139–148. <https://doi.org/10.1037/bul0000113>.The
- Julaecha, J., & Wuryandari, A. G. (2021). Pengetahuan dan Sikap tentang Perilaku Merokok pada Remaja. *Jurnal Akademika Baiturrahim Jambi*, 10(2), 313. <https://doi.org/10.36565/jab.v10i2.337>
- Kemendes BKPK. (2023). *Survei Kesehatan Indonesia (SKI)*. KEMENKES RI. <https://www.badankebijakan.kemkes.go.id/hasil-ski-2023/>
- KEMENKES RI. (2024). *Perokok Aktif di Indonesia Tembus 70 Juta Orang, Mayoritas Anak Muda*. Kementerian Kesehatan Republik Indonesia. <https://kemkes.go.id/id/perokok-aktif-di-indonesia-tembus-70-juta-orang-mayoritas-anak-muda>
- Leventhal, H., & Cleary, P. D. (1980). The smoking problem: A review of the research and theory in behavioral risk modification. *Psychological Bulletin*, 88(2), 370-405.
- Liang, Y. C., Liao, J. Y., Lee, C. T. C., & Liu, C. M. (2022). Influence of Personal, Environmental, and Community Factors on Cigarette Smoking in Adolescents: A Population-Based Study from Taiwan. *Healthcare (Switzerland)*, 10(3). <https://doi.org/10.3390/healthcare10030534>

- Lin, M., Chu, M., Li, X., Ma, H., Fang, Z., Mao, L., Wang, P., Chen, T., & Chiang, Y. C. (2023). Factors influencing adolescent experimental and current smoking behaviors based on social cognitive theory: A cross-sectional study in Xiamen. *Frontiers in Public Health*, *11*. <https://doi.org/10.3389/fpubh.2023.1093264>
- Littlecott, H. J., Moore, G. F., Evans, R. E., Melendez-Torres, G. J., McCann, M., Reed, H., Mann, M., Dobbie, F., Jennings, S., Donaldson, C., & Hawkins, J. (2023). Perceptions of friendship, peers and influence on adolescent smoking according to tobacco control context: a systematic review and meta-ethnography of qualitative research. *BMC Public Health*, *23*(1), 1–21. <https://doi.org/10.1186/s12889-022-14727-z>
- Maki, E. C., Mantjoro, E. M., & Asrifuddin, A. (2022). Hubungan Lingkungan Pergaulan Dengan Perilaku Merokok Pada Remaja. *PREPOTIF : Jurnal Kesehatan Masyarakat*, *6*(2), 1192–1198. <https://doi.org/10.31004/prepotif.v6i2.4134>
- Mei-ki Chan, Jill D. Sharkey, Karen Nylund-Gibson, Erin Dowdy, M. J. F. (2022). Social support profiles associations with adolescents' psychological and academic functioning. *Journal of School Psychology*, *91*, 160–177. <https://doi.org/https://doi.org/10.1016/j.jsp.2022.01.006>.
- Ming Wen, Heather Van Duker, L. M. O. (2021). Social contexts of regular smoking in adolescence: Towards a multidimensional ecological model. *Journal of Adolescence*, *32*(3), 671–692.
- Mayhew, K. P., Flay, B. R., & Mott, J. A. (2000). Stages in the development of adolescent smoking. *Drug and Alcohol Dependence*, *59*(Suppl 1), S61-S81.
- Pandayu, A., Murti, B., & -, P. (2020). Effect of Personal Factors, Family Support, Pocket Money, and Peer Group, on Smoking Behavior in Adolescents in Surakarta, Central Java. *Journal of Health Promotion and Behavior*, *02*(02), 98–111. <https://doi.org/10.26911/thejhp.2017.02.02.01>
- Steinberg, L., & Morris, A. S. (2001). Adolescent development. *Annual Review of Psychology*, *52*(1), 83-110
- Susanti, N., Chandra Syafira, A., Febrina, D., & Intan Farashati Fakultas Kesehatan Masyarakat, J. (2024). *Gambaran Perilaku Merokok pada Remaja Laki-laki Usia 15-17 Tahun Description of Smoking Behavior in Adolescent Boys Aged 15-17 Years*. *5*(2), 81–89.
- Sutha, D. W. (2021). Transisi perilaku merokok dari ringan ke berat pada remaja. *Jurnal Psikologi Kesehatan Indonesia*, *15*(3), 112-125.

- Ramadhini, S. P., Etrawati, F., Rahmawaty, A., & Afifah, N. (2025). Pola Interaksi Sosial dan Perilaku Merokok di Kalangan Siswa Sekolah Menengah Pertama. *Psyche 165 Journal*, 18(1), 3–10. <https://doi.org/10.35134/jpsy165.v18i1.465>
- Rizkia Nabil, S., & Triana Srisantyorini. (2025). Faktor-Faktor Yang Berhubungan Dengan Perilaku Merokok Pada Siswa-Siswi Di SMA Muhammadiyah Sawangan Tahun 2024. *ULIL ALBAB: Jurnal Ilmiah Multidisiplin*, 4(4), 1110–1118. <https://doi.org/10.56799/jim.v4i4.7926>
- Roberts, M. E., Nargiso, J. E., Gaitonde, L. B., Stanton, C. A., & Colby, S. M. (2020). Adolescent social networks: General and smoking-specific characteristics associated with smoking. *Journal of Studies on Alcohol and Drugs*, 76(2), 247–255. <https://doi.org/10.15288/jsad.2015.76.247>
- Sari, S. D., & Legiran. (2024). Desain Cross Sectional Bagi Penelitian Bidang Kebidanan. *Health Of Science*, 1(1), 18–25.
- Sawyer. (2018). The Age of Adolescence: Extending Definitions to Reflect Contemporary Patterns of Growth and Development. *The Lancet Child & Adolescent Health*, 2(3), 223–228. [https://doi.org/https://doi.org/10.1016/S2352-4642\(18\)30022-1](https://doi.org/https://doi.org/10.1016/S2352-4642(18)30022-1)
- Schreuders, M., Van Den Putte, B., Mlinarić, M., Mélard, N., Perelman, J., Richter, M., Rimpela, A., Kuipers, M. A. G., Lorant, V., & Kunst, A. E. (2020). The Association between Smoke-Free School Policies and Adolescents' Perceived Antismoking Norms: Moderation by School Connectedness. *Nicotine and Tobacco Research*, 22(11), 1964–1972. <https://doi.org/10.1093/ntr/ntz212>
- Shelke, A. R. , Roscoe, J. A. , Morrow, G. R. , Colman, L. K. , Banerjee, T. K. , & Kirshner, J. J., & Pylayeva-Gupta, Y. (2022). The Protective Influence of Family Bonding on Smoking Initiation in Adolescents by Racial/Ethnic and Age Subgroups. *NIH Public Access*, 23(1), 1–7. <https://doi.org/10.1080/1067828X.2011.581969>.The
- Siagian, H., Imran, L., Nirawaty, N., M, I. D., & Perwitasari, P. (2024). Analisis Perilaku Merokok, Dampak Kesehatan dan Strategi Pengendalian Tembakau. *Jurnal Kesehatan Terapan*, 11(1), 29–40. <https://doi.org/10.54816/jk.v11i1.730>
- Simons-Morton, B. G., & Farhat, T. (2023). Recent findings on peer group influences on adolescent smoking. *Journal of Primary Prevention*, 31(4), 191–208. <https://doi.org/10.1007/s10935-010-0220-x>
- Solihin, S., Nyorong, M., Nur'aini, N., & Siregar, D. M. S. (2023). Perilaku Merokok pada Remaja dan Faktor Penyebabnya di SMA 2 dan SMK 8 Muhammadiyah Tanjung Sari Kecamatan Medan Selayang. *Jurnal Ilmu Dan Teknologi Kesehatan Terpadu*, 3(1), 21–

30. <https://doi.org/10.53579/jitkt.v3i1.74>

- Sugiyono. (2019). *Metode Penelitian Kuantitatif* (Setiyawami (ed.)). Alfabeta,cv.
- Sugiyono. (2020). *Metodologi Penelitian Kuantitatif, Kualitatif dan R & D*.
- Sutha, D. W. (2021). Pengaruh Lingkungan Sosial (keluarga, guru, teman sebaya, idola dan budaya) Terhadap Perilaku Merokok Remaja. *Jurnal Penelitian Kesehatan*, 6–12.
- Tasya Alifia Izzani, Selva Octaria, & Linda Linda. (2024). Perkembangan Masa Remaja. *JISPENDIORA Jurnal Ilmu Sosial Pendidikan Dan Humaniora*, 3(2), 259–273. <https://doi.org/10.56910/jispendiora.v3i2.1578>
- Topa, & Leon, M. (2022). Theory of planned behavior and smoking: meta-analysis and SEM model. *Substance Abuse and Rehabilitation*, 23. <https://doi.org/10.2147/sar.s15168>
- WHO. (2024). Country Cooperation Strategy 2023–2027: Kelanjutan dan Perubahan di Indonesia. In *World Health Organization*.
- Yam, J. H., & Taufik, R. (2021). Hipotesis Penelitian Kuantitatif. *Perspektif: Jurnal Ilmu Administrasi*, 3(2), 96–102. <https://doi.org/10.33592/perspektif.v3i2.1540>
- Yang, S. J., & Song, H. Y. (2021). Factors associated with smoking behaviors in out-of-school youth: Based on an ecological model. *International Journal of Environmental Research and Public Health*, 18(12). <https://doi.org/10.3390/ijerph18126380>
- Yuanyi, J., Yongzhong, C., Ting, Y., Jing, Z., & Qiaolan, L. (2025). The Association Between Social Support and Trying Smoking Among Rural Adolescents in Rural Western China: The Intermediary Role of Mental Health Problems and Life Satisfaction. *Nicotine & Tobacco Research*, 27(6), 1109–1115. <https://doi.org/10.1093/ntr/ntae211>
- Yulanda, N. A. (2024). [Jurnal Kreativitas Pengabdian Kepada Masyarakat (Pkm), P-Issn: 2615-0921 E-Issn: 2622-6030 Volume 7 Nomor 8 Tahun 2024] Hal 3615-3624 Pemberdayaan Remaja Sebagai Upaya Pencegahan Penyakit Pernapasan Akibat Perilaku Merokok. [Jurnal Kreativitas Pengabdian Kepada Masyarakat (Pkm), P-Issn: 2615-0921 E-Issn: 2622-6030 Volume 7 Nomor 8 Tahun 2024] Hal 3615-3624, 7, 3615–3624.
- Zaborskis, A., Kavaliauskienė, A., Eriksson, C., Klemera, E., Dimitrova, E., Melkumova, M., & Husarova, D. (2021). Family support as smoking prevention during transition from early to late adolescence: a study in 42 countries. *International Journal of Environmental Research and Public Health*, 18(23), 1–15. <https://doi.org/10.3390/ijerph182312739>

